



## ***THE GOSHEN PROJECT, INC.***

**52-1/2 Water Street, Logan, WV 25601**

**Phone: (304) 687-6803**

**E-mail: [thegoshenprojectinc@yahoo.com](mailto:thegoshenprojectinc@yahoo.com)**

Dear Potential Goshen Project Sponsor:

We would like to take this opportunity to present to you a ministry that has begun here in Logan County for needy children in January 2008. The ministry is called "The Goshen Project" and is a non-profit 501 (c) 3 charitable organization. It is a program designed to provide food in backpacks to children "at risk" for hunger on the weekends in our community during the school year. Currently, there are 3,562 kids in Logan County receiving assistance through the West Virginia Child Nutrition Program. The Goshen Project Inc. presented the idea to the Logan County School Board of Education during their February 2009 board meeting and the program was approved unanimously to be offered in the Logan County Schools. These children receive free breakfast and lunch during the school week. Our program wants to provide them with the same resources during the weekend. The backpacks used in the program are everyday backpacks that children carry to school on a regular basis. There are no symbols or identifying marks on the backpacks showing participation or advertisement identifying ours or any other charitable organization. The program provides three meals a day using USDA recommendations of the food pyramid. These items are individual pop top cans, kid friendly, without the use of electric and water to prepare meals; we have found that many of our children do not have these amenities.

As you take this opportunity to read this packet, you will read our mission statement and the eligibility requirements for The Goshen Project, Inc., the cost to feed one child per day, to feeding that child per month and then per year. You will also find a list of the types of food we use along with a sample menu. Also included is a breakdown of the children in need of the program per school, in addition to the total cost to provide all children with meals on the weekends.

We are asking for your support in helping to provide for The Goshen Project, Inc. If you wish to make a monetary donation it will be greatly appreciated. Checks can be made out to the Goshen Project, Inc. or if you wish to make a food donation, you may drop it off at our facility which is located at 52-1/2 Water Street, Logan, WV.

Please feel free to contact Elizabeth Workman at 304-687-6803, Missy Rein at 304-785-1351 or Kimberly Hensley at 304-688-1564, if you have any further questions regarding the program. We look forward to partnering with you in order to fulfill this much needed ministry for children in our county.

With children in mind,

*The Goshen Project, Inc.*

## MISSION STATEMENT

**Our mission is to assist in maximizing the mental, physical, and spiritual potential in kids by helping to meet their nutritional needs through providing healthy and nutritious meals and snacks in an anonymous, courteous, and loving manner.**

## ELIGIBILITY FOR THE GOSHEN PROJECT

**Any child who is currently participating in the free or reduced-price lunch program is eligible for the Goshen Project as funds permit and the teachers, counselors, and other school staff are the ones that determine those students that are in need of the program the most.**

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## *Menu for the Weekend of: SAMPLE MENU*

### Saturday's Breakfast:

Frosted Flakes  
Mandarin Oranges  
Juice

### Saturday's Lunch:

Chicken Flavor Instant Lunch  
Cheez-it Crackers  
Fruit Snacks  
Juice

### Saturday's Dinner:

Chef Boyardee's  
Applesauce  
Cookies  
Juice

### Sunday's Breakfast:

Oatmeal Cereal  
Raisins  
Juice

### Sunday's Lunch:

Beans & Franks in Tomato Sauce  
Peaches  
Cookies  
Juice

### Sunday's Dinner:

Vegetable Beef Stock Soup  
Crackers  
Pudding  
Juice

# Food Items

## Breakfast Food Items

Breakfast Bars  
Cereal in a cup  
Jump Start Breakfasts  
Oatmeal Cereal  
Pop-Tarts

## Lunch & Dinner Food Items

Beefaroni's  
Chef Boyardee's  
Chicken & Crackers  
Chicken & Dumplings  
Chicken & Rice  
Chili  
Macaroni & Cheese  
Potted Meat  
Ravioli's  
Soups (Heat & serve)  
Spaghetti  
Spaghetti O's  
Stews  
Tuna & Crackers  
Vienna Sausages

## Fruits & Crackers

Applesauce  
Cheese Crackers  
Chips  
Cookies  
Crackers  
Fruit in a Cup  
Fruit Snacks  
Jell-o  
Nut Bars  
Peanut Butter Crackers  
Popcorn  
Raisins  
Rice Cakes  
Vegetables in a Cup

## Drinks

Juice  
Gatorade  
Vitamin Water  
Shelf Stable Milk

Other Items: Toothbrushes, Toothpaste, Deodorant, Gloves & hats for winter,  
School Supplies, Backpacks

**\*\*All items provided need to be in individual servings, pop top cans and kid friendly. The product must be in its original packaging as produced by the manufacturer.**

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**SCHOOL YEAR 2009-2010**

These numbers are based on **FREE LUNCH** program only.

Number of children that we would like to begin the program in **August 2010** is **60**.

Number of children **in need of the program** is **3,562**.

**47 weekends = 94 days**

Cost is **\$5.00 a day** per child.

To feed **1 child** is **\$470.00 per school year**.

To feed **60 children** @\$5.00 per day = **\$28,200.00 per year**.

To feed **3,562 children** @\$5.00 per day = **\$1,674,140.00 per year**.

## 2009-2010 COST PER SCHOOL

SCHOOL	NUMBER OF CHILDREN	TOTAL AMOUNT PER SCHOOL
LOGAN GRADE	280	\$ 131,600.00
HOLDEN GRADE	147	69,090.00
OMAR GRADE	181	85,070.00
JUSTICE GRADE	49	23,030.00
VERDUNVILLE GRADE	63	29,610.00
HUGH DINGESS	77	36,190.00
MAN ELEMENTARY	188	88,360.00
SOUTH MAN GRADE	109	51,230.00
CHAPMANVILLE EAST	196	92,120.00
CHAPMANVILLE WEST	211	99,170.00
BUFFALO GRADE	155	72,850.00
MAN CENTRAL	241	113,270.00
LOGAN MIDDLE	442	207,740.00
CHAPMANVILLE MIDDLE	281	132,070.00
CHAPMANVILLE HIGH	357	167,790.00
MAN HIGH	209	98,230.00
LOGAN HIGH	376	176,720.00
TOTAL NUMBER OF SCHOOLS	TOTAL NUMBER OF CHILDREN	TOTAL COST
17	3,562	\$1,674,140.00

The Logan County Board Of Education provided the schools and the amount of children in need of the program. Our goal is to provide backpacks for all children in Logan County.

Thank you once again for taking the time to read through this and we look forward to hearing from you and partnering with you to give the children in our county what they need to be able to provide them with their nutritional needs in order to maximize their mental, physical and spiritual well being.

For further information please feel free to contact:

Elizabeth Workman @ 304-687-6803

Kim Hensley @ 304-688-1564

Or

Missy Rein @ 304-785-1351



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**Sponsor A Child Backpack Food Program Form for the  
2009-2010 School Year**

**Sponsor a child for the entire school year:  
Your generosity will truly change a child's life.  
Please fill out this form completely.**

Name: \_\_\_\_\_ Date \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Extension: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**I commit to sponsoring a child/children in The Goshen Project Inc. backpack food program for the 2009-2010 school year. My commitment is a:**

\_\_\_\_\_ **One time donation of \$ \_\_\_\_\_.**

\_\_\_\_\_ **\$50.00 each month during school year**

\*\* Do you need a monthly reminder sent to you? YES or NO

If so do you wish it to be MAILED or E\_MAILED to you? Circle one: MAILED  
E-MAILED

\_\_\_\_\_ **\$470.00 for one school year**

\_\_\_\_\_ **Number of children you will sponsor \_\_\_\_\_ X \$50.00 a month per child  
for a total gift of \$ \_\_\_\_\_ monthly.**

**Please make your checks payable to:  
THE GOSHEN PROJECT INC.**

Where did you hear about The Goshen Project? \_\_\_\_\_

Can we use your name for publicity purposes? YES or NO

**Thank you for your Sponsorship and God Bless You!  
All donations are TAX deductible.**